



The Spencer Davis Group to perform at Greynolds Love-In

1960's themed outdoor festival features vintage car exhibit, 60's-style costume contest, Spore Project - art installation, fun-zone for kids, vendors and much more

It's springtime and love is in the air at the 5th Annual Greynolds Love-In, with The Spencer Davis Group appearing in concert singing their hit "Gimme Some Lovin" during this 1960s-themed outdoor festival with live concerts and activities for the whole family, Sunday, May 18th, 11 a.m. to 6 p.m. at Greynolds Park, 17530 W. Dixie Highway, N. Miami Beach.

This rock star from Wales who created the famed Spencer Davis Group in 1963 has close to a dozen Top 10 hit songs, including "Somebody Help Me", "I'm a Man," "Keep on Runnin," in addition to the ever-popular "Gimme Some Lovin," which continues to be broadcast on radio stations across the nation and is featured in numerous motion picture films. Other groups performing during the Love-In include local rock band Geekus and classic rock group Rewind.

New this year to the Greynolds Love-In is the Spore Project, an art installation by Doug Rhodehamel that involves the participation of the entire community. During the Love-In, patrons can participate by creating their own "mushroom" using a paper bag (materials will be provided at the event) and joining in the art installation on the

fields at Greynolds Park. For more information on the Spore Project, visit doughrhodehamel.com

Other activities going on throughout the event include 1960s Costume Contest; vintage car exhibit; Kid's Fun Zone with games and activities; psychedelic arts and crafts; face painting; food and crafts vendors; and much more.

Sponsors include Miami-Dade County District 4 Comm. Sally Heyman; Tony Roma's; Majic 102.7 FM; The Doubletree Ocean Point Resort & Spa; The Miami Herald; Rolling Rock Beer; and Bagels & Company.

Admission is free. There is a \$7 parking fee. No coolers allowed. Greynolds Park is located at 17530 W. Dixie Highway, N. Miami Beach. Visit greynoldslvein.org or call 305-945-3425 for more information.

Greynolds Park, best known for its local history during the peace movement in the sixties, has been the host park for the Greynolds Love-In since its inception five years ago to mark the 75th anniversary of the Miami-Dade park system. The event has grown in scale and popularity ever since.

Donna R. Joseph, P.A., makes needs of clients the first order of business

BY LYNN CARROLL

For attorney Donna R. Joseph, starting a law practice that puts people first is a second career.

"I was a legal secretary and Realtor before I decided to go to law school," she says. While Joseph says her quest for a greater challenge was a factor in that decision, her prime motivation had to do with finding something more personally satisfying.

"I wanted to help people," she says. "Dealing with clients at a difficult time in their lives, and helping them get through it as smoothly as possible, is what I enjoy."

From her office at 13899 Biscayne Blvd., Suite 20 in North Miami Beach, Joseph specializes in family mediation, bankruptcy, probate, guardianships and wills. She says she likes to use her legal know-how to assist clients caught up in a domestic crisis without the aggravation and expense of contested litigation.

"I also like handling consumer bankruptcy cases, even though these cases have become more burdensome since the bankruptcy law revision of 2005, for both the client and the attorney. I still continue in bankruptcy because I can help a lot of people, especially with the current state of the real estate market and foreclosures."

Acting on her dedication to that conviction, Joseph was among members of the National Association of Consumer Bankruptcy



Attorneys who went to Washington, DC, to lobby members of Congress for legislation that would help debtors save their homes from foreclosure.

But Joseph says she probably enjoys the area of probate the most -- not only because it directly helps people through difficult times, but also because the Miami-Dade County probate division resembles a big family. "For the most part," she says, "they are a pleasure to work with."

Given her emphasis on caring and compassionate counseling, it should come as no surprise that Joseph says she conducts her practice with the wellbeing of clients first in mind. In fact, she says, "caring and compassionate counsel is my motto."

As part of her education in law, she clerked at a construction litigation firm. "I found that I wasn't so interested in that area of law, because it was so concrete," Joseph jokes.

But she's very serious when she says, "I'm more of a people-person." She says she finds clients and colleagues appreciate her policy of discussing details and circumstances so that everyone understands the options. That helps her deal with issues before they escalate.

"There is nothing I enjoy more," Joseph says, "than a satisfied client I've helped to avoid the perils of protracted litigation."

For more information, 305-341-3410 or visit donnajoseph.com

Splash into Summer with two WaveRunners or a Yamaha boat at Gulfstream's Casino

Gulfstream Park Good Luck Players Club members have a chance to Splash into Summer on Sunday, May 18th at 9 p.m. with their choice of prizes including a pair of Watercraft WaveRunners or a Yamaha boat.

Other daily Player's Club specials on the casino calendar include: "Gulfstream Gold" on Wednesday, with one card for ten points earned, up to five cards maximum. Win \$5 to \$50 in free casino play or \$1,000 to \$4,500 in cash with Gulfstream Gold from 10 a.m. to midnight. On Thursday, the Casino will award \$500 in

cash giveaways every 20 minutes to Player's Club members from 2 p.m. to 10 p.m. On "Spin & Win Friday", random players will be selected every hour to spin the wheel for cash and free play from noon to 8 p.m. Also, players can earn a lobster dinner certificate for two from 10 a.m. to midnight. From Friday through Sunday Player's Club members can earn entries to win either a pair of Watercraft WaveRunners or a Yamaha boat that will be given away at 9 p.m. on Sunday. On Tuesday, take your chance at the "Hot Seat" drawing from 10 a.m. to 6 p.m. for \$55 in free play every 20 minutes. Also, with the Lucky 55+ promotion, Player's Club members 55 and up are eligible to receive \$10 in free play with five points from 11 a.m. to 2 p.m.

Live thoroughbred racing has concluded at Gulfstream, but thoroughbred excitement continues year-round. Thousands watched and wagered at Gulfstream as Florida Derby winner Big Brown won the Kentucky Derby, the first leg of racing's Triple Crown. Every day and evening, Gulfstream offers fans a chance to enjoy thoroughbred racing from the top tracks in the country,

near and far, in unequalled comfort. By signing up for free membership to the GP Advantage Club, racing fans receive rewards for each wager and players can convert points into cash rebates and valuable prizes.

The GP Advantage Club program is completely confidential and is Gulfstream's way of rewarding racing fans. The card records only wagers, not the amount won or lost. Players receive a gift when they sign-up for free membership and will discover more ways to win including the following: Earn double points at Silks Simulcast Center on Monday; hourly prize drawings at Silks for mutuel vouchers from noon to 5 p.m. on Tuesday; bet on Magna's tracks and get five times the points on Wednesday; earn triple points on Thursday; betting machine promotion every hour for mutuel vouchers at Silks from 11 a.m. to 5 p.m. on Friday; enter the Independence Day Fantasy Prize Giveaway on Saturday. Saturday's winner gets to go to Lone Star Park in Texas for the Stars of Texas Stakes race on July 12th. The prize includes airfare, hotel accommodations, two dining room dinners, winner circle trophy presentation and a race named after the winner.

At Gulfstream Park there is plenty of free parking in the north and south lots. Valet parking is also available at a cost of \$3 every day. For more information, call 954-454-7000 or visit gulfstreampark.com



Life in the City



'Fashionably Fit'

BY BARI AUERBACH

Gym clothes for women have come a long way since the only options were baggy T-shirts and sweat pants. Now, thanks to fitness fashion designers, there are many lines featuring stylish, flattering, comfortable workout wear that looks great - and can even take you from day to night. Here are some of the best sources for "fashionably fit" shopping around town and on-line:

What's 'In-Store'

In the Aventura area, there are many places to shop for "fashionably fit" workout wear that fits every body and budget.

You might be surprised to learn that Aventura's Target store has a fitness department with fashion forward bra tops, tanks, long pants, capris and jackets by Champion and other affordable brands. There are coordinated tops and bottoms - plus pieces you can mix-and-match to make your own fashionably fit statement.

Kassis Sportswear at 18280 West Dixie Highway features unique activewear with Brazilian flair in a rainbow of vibrant colors and styles. From gym wear - to casual wear plus a great selection of swimwear - Kassis regularly receives new collections so you can always be "seasonally" fashionably fit.

Golda's Sportswear at 17831 Biscayne Boulevard (by Office Depot) is another bou-

tique-style shop specializing in Brazilian activewear. Unique styles are on display - but Golda, who loves to give customers highly personalized attention, always has "something special" in the back she's eager to bring out so you can see "It's just perfect for you!"

In Motion at 18143 Biscayne Boulevard (by Olive Garden) is one of the most well known shops for fitness apparel, fun/funky casual clothing you won't see anywhere else and everything your little girl needs for dance or gymnastic classes. Frieda, the friendly proprietor, always helps you find just the right "fitness fit" and makes sure to give you a call when something new comes in she knows you'll love.

ActiveFit on Miami Gardens Dive (by Il Migliore) features Sweat USA fashion forward activewear -with a "sexy Latin feel." The store may be small - but the selection is big...plus you'll appreciate rarely seeing anyone else at the gym wearing your outfit.

Illusions lingerie store at Aventura Mall routinely has special sales on fitness apparel by top designers like Nina Bucci. But be forewarned, while you're there, you may find it hard to resist the gorgeous intimate apparel so you can show off the results of all your hard work in the gym!

BebeSport at Aventura Mall is one of the most popular sources for fashionably fit outfits and accessories that look just as good "out and about" as they do at the gym. The store gets in new merchandise every couple of weeks so there's always a good excuse to keep shopping and earning savings points on your reward card.



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New A-1 Property Service division offers 40-year inspections

BY LYNN CARROLL

If you're thinking of investing in an apartment property in the tri-county area that's more than 40 years old, give A-1 Property Service a call to have it properly inspected.

"Any time a triplex or larger apartment property is acquired in Miami-Dade, Broward or Palm Beach county," says Chief Inspector James M. Gonte, company founder, "it has to be recertified for re-occupancy after 40 years - and every 10 years thereafter." Commercial warehouses and condominiums also require this type of inspection, he says.

"Although the average apartment building or warehouse in the region is more than 40 years old," Gonte adds, "we're one of a very few local companies that does this specialty inspection." In response to growing demand, A-1 has created a new division specializing in this field and has established a website to advise property owners on the specifics.

Gonte guarantees that he hires only Florida State licensed contractors and professional inspectors familiar with local code requirements. That's why A-1 is a solid bet for all residential, commercial, insurance and environmental testing - including specialty inspections for mold, lead, radon, asbestos and water quality. "We're ready to undertake whatever type of inspection a client requests," Gonte says.

Gearing up for the hurricane season? A-1 will make sure your roof is secure.

Clients say A-1 stands out in its field by



James M. Gonte, founder, A-1 Property Service

combining painstaking attention to detail and loyalty to the client with upfront pricing, taking the guesswork out of costs. Site inspections include replacement and repair cost estimates so that clients can negotiate a fair price with any contractor.

Unlike some competitors, Gonte says, A-1 doesn't do repairs itself or take commissions from companies that do.

"Service is what A-1 is all about," he says. "We try to get to a prospective customer the same day they contact us. It's not always possible, but we do promise a maximum two-day response time. And we work seven days a week."

Inspections are thorough, and include such features as septic tanks, sea walls and pools. Each area inspected, inside and out, is meticulously documented, with problems highlighted and solutions recommended.

Clients get a detailed, computer-generated report by email or fax within 24 hours of an A-1 site visit. Then a hard copy is sent by priority mail in a presentation folder.

Gonte, a member of Florida Association of Building Inspectors, attends continuing education classes every few months to keep his company up to date. He's active in several area business groups, including the Aventura Marketing Council.

A-1 Property Service is located at 2231 NE 164th St., North Miami Beach. For more information, call (305) 949-2332 or visit 40yearinspection.com

The Wig Outlet offers trendsetting hair extensions at Hotheads Concept Studio

BY LYNN CARROLL

A Hotheads Concept Studio is now no further from Aventura than The Wig Outlet, 3500 W. Hallandale Beach Blvd. For the uninitiated, the internationally applauded Hotheads, which puts the accent on the hair clients already possess, is all about hair enhancement.

"This superior technology," the Hotheads philosophy goes, "offers wearers undetectable, gorgeous, comfortable human hair extensions without stressing their hair. No heat or harmful chemicals are used to apply or remove our products. This cutting-edge process also offers a thinning or balding customer an incredible permanent solution that does not require shaving or bonding."

"I opened The Wig Outlet in 1995," says industry veteran and owner Blanca Schoonover. She began by selling wigs with an eye on feminine fashion as well as hair loss before expanding at the turn of the century to offer both men's and women's hair replacement.

"We recently introduced the

Hotheads Concept Studio," she says. "It's a full-service hair extension salon offering 100% Remi Human Hair Extensions for clients who want to add length, density, highlights or lowlights. Compared to ordinary hair extensions, ours are safe to the existing hair, faster to apply and they're absolutely gorgeous."

Hotheads Concept Studio is a participating training and development center for the Hotheads brand extensions that are commonly used in elite salons worldwide. Created by some of the world's leading hair experts, Hotheads extensions have taken over the international beauty scene by storm.

Hotheads Concept Studio offers consultations at no charge. Walk-

ins are welcome, but Blanca advises that it's always a good idea to call ahead. Store hours are 10 a.m. to 5 p.m. Monday through Friday. After-hour sessions are available by appointment. The Wig Outlet is conveniently located three-quarters of a mile west of I-95 and one mile east of 441. For more information, call (954) 983-9447.



Before visiting The Wig Outlet



After

Parade features artist Paula Turk photographs for "Snapshots" online

BY LYNN CARROLL

Photographs by local artist and sculptor Paula Turk were recently featured for three consecutive days on *Parade* magazine's online feature, "Snapshots," at parade.com/snapshot. Their selection speaks of the artist's ability to capture a moment worth capturing.

"Into the Mist" was the first of Turk's pictures picked as Photo of the Day. It's a sepia-toned photograph of the Intracoastal taken during a rare fog on Miami Beach one morning in March.

"I submitted another photo to *Parade*," she says, "and to my astonishment it was picked as Photo of the Day on the following day." Called "Something Pink," that shot, taken in Fairchild Botanical Tropical Gardens, was a close-up of a Mexican Shaving Brush blossom. The editors at *Parade* liked it so much they featured it for two days.

"It's very unusual to have two pic-

tures in a row selected, and the second be there two days," she says. "It's an honor, and I'm very excited about it. These were my first submissions to *Parade*."

Parade is a weekly general interest lifestyle magazine with a broad national readership. It's distributed as an insert in Sunday newspapers around the country. Editors of the print magazine often choose online photo submissions for the magazine column "Snapshots."

A life member of the Art Students League in New York, Turk has been artist-in-residence at Temple Emmanuel in Miami Beach and Miami Beach Jewish Community Center. Her preferred medium is hand-forged steel, she says, though "I can and do like to do various forms of art. I don't limit myself to one thing. I've always had in mind to combine metal sculpture and photos."

A former art teacher, she presides at workshops in creativity through ArtShare. "I will go to places of business or other locations to teach," Turk says.

This summer, Turk will be curator as well as an exhibiter for a show on recyclable art.

Turk is also participating in a contest sponsored by the nonprofit Environmental Coalition of Miami Beach (ECOMB), a volunteer-based corporation founded in 1994 to educate Miami-Dade County residents and visitors "to adopt responsible environmental behaviors and

to raise their awareness to our surrounding ecosystems." Turk says the coalition's staff will select images to be reproduced on a sleeve that will go around recycle bins on the beaches and boardwalks.

Paula Turk accepts both residential and commercial commissions. To view samples of her work, visit paulaturk.com. Email mixedmetals@aol.com to arrange an appointment for a private showing.



"Into the Mist" by Paula Turk



"Something Pink" by Paula Turk



ASK DR. RUTH

BY DR. RUTH WESTHEIMER

Looking for Hale-Bopp

Q: After 31 years of marriage (most of them happy), can you suggest something to put an extra sparkle in a relationship that is aurora borealis but wants to be Hale-Bopp.

A: Hold it! While I am all in favor of adding sparkle to a relationship, remember one thing: The aurora borealis is always with us, while Hale Bopp was only visible for a few months and won't be back for 200 or so years. So, yes, do something to add some luster to that 31-year-old marriage of yours, but most important, make sure that your relationship keeps shining, even if at a lower wattage, every day.

To answer your specific question, most people find that going out of their normal environment adds that spark you are seeking. If you can afford to take a vacation, go someplace you would both find sexy – a tropical island, a ski slope, a cabin in the woods, a night in a big city. If your budget is tight, then just rent a motel room for a night that has

waterbed or those magic fingers.

And if you're really on a shoestring, a few candles and some whipped cream can make any bedroom sexier. The other thing is to plan this night out at least a week in advance. Anticipation is a wonderful aphrodisiac, and the more you think about it and fantasize about it in the days before you actually do whatever it is you are going to do, the more excited you will be at the time.

Q: I am a masturbating woman. I think I reach orgasm (fondling my heroic clitoris) but when I feel the warm burst of pleasure coming on, my muscles clench – abdominal, back, thighs, shoulders – and the clenching cuts off the swelling sensation. I feel like the clenching is resisting, and if I somehow relaxed and surrendered more I would have a more mind-rocking orgasm. Any tips?

A: Here's a case where some simple information might help you. The "clenching," as you call it, is absolutely normal. The orgasmic response can cause various muscles to go into spasm, and that is what is happening to you. But if you are worried about your muscles clenching, that might distract you from concentrating on the pleasurable effects of the orgasm.

I hope now that you know it is a natural reaction, instead of worrying about what your muscles are doing, you can give in to all these signals your body is giving you and have that mind-rocking orgasm.

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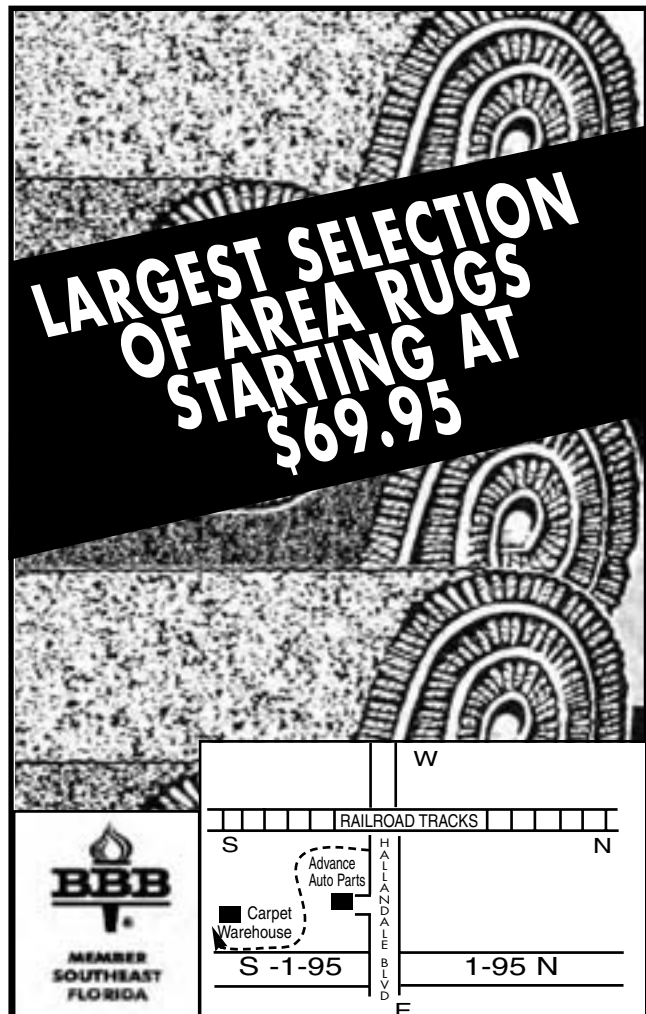
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Bnai Zion Foundation hosts Student Connection graduation at FIU



Standing (L-R): Evantz Etienne; Bernard Osborn, principal, David Lawrence Jr. K-8; Aventura Vice Mayor Zev Auerbach; Greg Olson, FIU ~ Wolfe University Center; Judge Myriam Lehr; Jan Solomon, FIU ~ Biscayne Bay Campus; Seated: Zach Trautenberg, FIU ~ Biscayne Bay Campus



Aventura Marketing Council Chairman Eric Beck and Eileen Glastein of Bnai Zion present Jane Reno 'Can Do' award to Guy Julien, Dr. Michael M. Krop Sr. High



'Can Do' award recipient Rikki-Ann Todd, Madie Ives Elementary; Aventura Comm. Zev Auerbach looks on



Joseph Morales, Ojus Elementary receives 'Can Do' award



'Can Do' award recipient Rachel Desert, North Miami Beach Sr. High



Ely Feldman, career specialist and Sally Alayon, principal, Highland Oaks Middle; Paul Greenfield and Marie Harrison, Miami-Dade County Public Schools ~ Region II



'Can Do' award winner Violet Lamothe, David Lawrence Jr., K-8



Denika Bing, Highland Oaks Middle receives 'Can Do' award



Bnai Zion Southeast Director Eileen Glastein interacts with students sharing the story of her success while learning about the goals and objectives they have set for themselves



Samantha Copps, V.A.B. Highland Oaks Elementary receives 'Can Do' award



Richard Rudow, Philly Pretzel Factory (right) distributes a variety of pretzels